

union

C H U R C H

Groups | I SURPRISED MYSELF

Get Started

Welcome to Spring Groups!! We are excited to do life with you! We pray that you find community that will create lifelong friendships!

Icebreaker: Which made you smile today?

Start with Scripture

Make it Personal

This week, Pastor Stephen continued the sermon series- Keep the Change. PS reminds us that change is necessary but in order to change, we need a better understanding of who we are, what good change looks like, and what are specific truths that we need so the change sticks!

Here are three thoughts that we need to grasp in order to keep the change that we've worked to achieve.

- **Point 1: I am the image of God.** When people see us, they should see Christ within us. Our actions, our words, our lifestyle, our responses, should all point back to God. Many times, people see can identify God in us better than we can. We carry the image of God and God manifest Himself if Three different ways, God the Father, God the Son, and God the Holy Spirit. We also have three natures, Soul, Spirit, and Body.
 - **Q** – What resonated most with you from this part of the message?
 - **Q** – Read Genesis 1:27 (KJV). How does this scripture resonate with you?
 - **Q** – Spirit- This is the redeemed part and one that lives forever with God. Soul- The heart of a person that carries the heart of a person. This is where your heart and emotions lie. Body- your physical body and desires. With this new understanding of being made up of Soul, Spirit, and Body, what are ways that you can make sure your Soul and Spirit are fed, and you body is in check?

- **Point 2: I am Prone To Identity Crisis** We tend to forget who we are and by the time we need to remember, it is too late. We need to learn to be ready in every season and be prayed up at all times. By the time trials, tribulations, or difficulties occur, it is too late to start fasting. Learn to be ready, so you don't have to get ready!
 - **Q** – What resonated most with you from this part of the message?
 - **Q** – Read Matthew 17:20-21 (NKJV). How does this scripture resonate with you?
 - **Q** – What can you change in your daily life to help keep you ready for anything?
 - **Q** – What can you eliminate or substitute in your life to make prayer a priority?

- **Point 3: Made For This Moment** We are made in the image of God and in the same way that Jesus had an assignment on earth, so do we! God has placed a specific assignment and a specific anointing over our lives.
 - **Q** – What resonated most with you from this part of the message?

- **Q** – Read Ephesians 2:10 (NKJV). How does this scripture resonate with you in the aspect of leading?
- **Q** – 1 Peter 2:9 (NKJV). How does this scripture resonate with you in the aspect of leading?
- **Q** – Ask the Lord: What do you want me to do in this season?

Takeaway Points:

- We need to become spiritually mature.
- Spiritual maturity is a great indicator of what is leading your life.
- Most of the time, God is waiting on us to move.
- Sunday is a recalibration of our lives.
- We are a Holy nation which means we need to have bigger goals.
- We are a chosen generation and we should be asking God: What do you want to do through me during this time?
- Once we understand who we are, we will no longer stumble through life.
- Our lives should be leading people to Christ
- Don't let the day determine your peace
- Our fruit are what indicate whether we are a mature spiritually or not.

Activity:

Give your groups 5 minutes to write down a practical next step from today's discussion.

Prayer Requests

- Ask your group members to share any prayer requests they have.
- Pray and close out your group.

Reminders

- Be sure to take attendance today!
- Continue to add and accept people to your group.
- **Announcements:**
 - Growth Track Step 3 is this Sunday!

- Baby Dedication
- Register your free seats for Catalyst on Friday 26th! <https://theunionchurch.com/events>