

Union

C H U R C H

Groups | What Women Need

Get Started

Welcome to Spring Groups!! We are excited to do life with you! We pray that you find community that will create lifelong friendships!

Icebreaker: Who Is your favorite woman character In the Bible? Why?

Start with

Genesis 29:7-12, 18 (NKJV)— “Then he said, “Look, it is still high day; it is not time for the cattle to be gathered together. Water the sheep, and go and feed them.” But they said, “We cannot until all the flocks are gathered together, and they have rolled the stone from the well’s mouth; then we water the sheep.” Now while he was still speaking with them, Rachel came with her father’s sheep, for she was a shepherdess. And it came to pass, when Jacob saw Rachel the daughter of Laban his mother’s brother, and the sheep of Laban his mother’s brother, that Jacob went near and rolled the stone from the well’s mouth, and watered the flock of Laban his mother’s brother. Then Jacob kissed Rachel, and lifted up his voice and wept. And Jacob told Rachel that he was her father’s relative and that he was Rebekah’s son. So she ran and told her father. Now Jacob loved Rachel; so he said, “I will serve you seven years for Rachel your younger daughter.””

Make it Personal

This week, Pastor Zai, continued the most anticipated series "I Can Be Mad All By Myself." In week three of this series, Pastor Zai discussed that there are needs and wants that women have but because we haven't received It, we haven't realized that we are missing It.

Here are some of the things women need...

- **Point 1: We Need The Soft Life.** The soft life is security, women need to be covered and the pursuit is the first level of security.
 - Q – How would you describe a "soft life"?
 - Q – What does security look like to you?
 - Q – Read Genesis 2:24(NKJV). God is outlining what it looks like for a husband to become one flesh with his wife, what is the first step according to the text and why is it important?
- **Point 2: We Need A Soft Touch.** Affection communicates care and requires time which communicates priority.
 - Q – What does non-sexual affection look like to you?
 - Q – Your words can also be a way to be affectionate. This is not just limited to compliments but also the words of life that a man speaks over his wife. As a single person, how can you determine if a man can/is watering you with his words?
- **Point 3: We Need Secure Leadership.** Strong women still want to be led but they need the man leading them to tell them their vision for every area of their lives. This does not mean you have all the answers but it does mean that you are praying about it and having conversations about it.
 - Q – Read Habakkuk 2:2. What does this verse say about what we should do with vision?
 - Q – Pastor Zai spoke about Genesis 31:34 and mentioned, "sometimes we pack idols because when we are talking about going into the unknown, it's easy to cling to something that is familiar to you." Describe

a time when you clung to something familiar to you when walking into unknown spaces?

Takeaway Points:

- God made women with needs.
- We are made for community.
- God placed something in Eve that Adam needed and vice versa.
- Pursuit is the first level of security.
- If a friend values something, he will pursue it.
- Security also looks like you considering your spouse's needs.
- Non-sexual communication is essential for women.
- Men have a God-given ability to lead.

Activity:

Give your groups 5 minutes to write down a practical next step from today's discussion.

Prayer Requests

- Ask your group members to share any prayer requests they have.
- Pray and close out your group.

Reminders

- Be sure to take attendance today!
- Continue to add and accept people to your group.

Announcements

- Be sure to take attendance today!
- Continue to add and accept people to your group.
- Growth Track Step 4 is this Sunday!
- Register your free seats for Catalyst on February 23rd!
<https://theunionchurch.com/events>
- Marriage Night is March 15th! Register your seats!
<https://theunionchurch.com/events>