

# union

C H U R C H

## Groups | Why Am I Still Single?

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### Get Started

Welcome to Spring Groups!! We are excited to do life with you! We pray that you find community that will create lifelong friendships!

Icebreaker: Which Biblical character do you most relate to?

### Start with Scripture

John 9:1-7 NLT – ... “As Jesus was walking along, he saw a man who had been blind from birth. “Rabbi,” his disciples asked him, “why was this man born blind? Was it because of his own sins or his parents’ sins?” “It was not because of his sins or his parents’ sins,” Jesus answered. “This happened so the power of God could be seen in him. We must quickly carry out the tasks assigned us by the one who sent us. The night is coming, and then no one can work. But while I am here in the world, I am the light of the world.” Then he spit on the ground, made mud with the saliva, and spread the mud over the blind man’s eyes. He told him, “Go wash yourself in the pool of Siloam” (Siloam means “sent”). So the man went and washed and came back seeing!”

### Make it Personal

Pastor Stephen continued the most anticipated relationship series - I Can Be Mad All By Myself. The thought behind this series is that some of us have had a season in a relationship where we’ve said we don’t want to be miserable and would rather stay

isolated. We all find ourselves in a season in every relationship where we say “this is not the best option, I think I can do better by myself.” The reality is when we do it God’s way, we have a 100% chance of success. God’s way requires people.

In part two of the series, Pastor Stephen discusses what to do in the waiting season. While there are some singles who are not interested in dating, there are others that are discouraged. Some are having too much fun and some are out of options. In the text, Jesus comes across a man that is born blind. When they brought the blind man to Jesus they asked whose fault it was. There is something about life that likes to attribute blame more than solutions. If you are in a waiting season, it is easy to shift to blame. Sometimes it has nothing to do with what others did or the mistakes that were made (John 9:3). Sometimes it is God setting you up for a miracle! God wants to do it Himself. Here’s the challenge we face. We are always willing to take the miracle, but don’t want to take the spit. Let’s unpack...

Here are three thoughts to help you wait while God is working...

- Point 1: Heal from yesterday; grow for tomorrow We may not realize that as God is getting ready to send our prayer, the state of our heart can either receive it or repel it. God's going to send your miracle but your heart's not in the position to receive it. In order to receive your miracle, you must start the healing process.
  - What do you need to heal from?
    - God has to heal you from the actions of others (abuse, trauma, infidelity, etc.) The actions and offenses of others alter our reality.
    - God has to heal you from some of the things we did to yourself. We come to church, repent, and accept Christ but we never forgive ourselves. God has forgiven you. You haven’t forgiven you.
    - God has to heal you from overwhelming disappointment. God is saying there’s a future but let Him heal you from your past hurts and disappointments.
  - Q – What areas listed above do you need to allow God to heal?
  - Q – Read Psalms 107:19-20 (NJKV). How does this scripture resonate with you?
  - Q – Read Luke 2:52 (NKJV). How does this scripture resonate with you?
  - *Football Analogy* - God wants to run the ball and He wants you to run your route so that you can catch the ball when you get to your designated place. That will be God’s perfect timing. But God needs you to grow.
    - Grow spiritually - Can God get your attention?

- Grow emotionally - How do you respond to the changes of life?
- Point 2: You always have to change The only thing that will not change is the fact that everything will change. We have to be able to adapt to the changes of life. Whatever the miracle God has for you will require adaptation.
  - Q – Read 1 Samuel 16:7 (NKJV). How does the scripture resonate with you?
  - Q – Read Proverbs 16:16 (NKJV). How does the scripture resonate with you?
  - Q – What are some intentional steps you can take to adapt and position yourself for your miracle?
- Point 3: Rejection doesn't kill, fear does Our fear of rejection is keeping us from our miracle. Rejection has never killed anyone. Fear kills. We have to be bold and put ourselves out there. Give God a jar to fill.
  - Q – What are some current fears that you have?
  - Q – What are some actionable steps you can take to overcome your fears?
  - Q – How might you use your community to help you overcome your fear of rejection?

### Phases of Dating

- Some people are entering dating with zero emotional intelligence.
- Consider these phases of dating:
  - Stage 1: Talking phase happens for a minimum of 2 weeks to 12 weeks
  - Stage 2: Define the relationship. This is a season of learning and enjoyment and should last about 4 months. During this time, you are figuring out if there's chemistry.... Do you like them? Can we tolerate each other?
  - Stage 3: Evaluating phase should happen between 4 months to 18 months. During this time, consider if you are with someone you want to build with. It's easy to submit to a man when you know where he's going.
  - Submit means to support the mission.
  - Sidenote: You have 2 years to propose. Paint or get off the ladder.

### Takeaway Points:

- At some point in your maturation in Christ you have to mature to a place where it's not just about you.

- Let's get into a culture of looking out for each other as a spiritual family should.
- Natural laws do not apply to a child of God.
- Don't let the enemy steal your yesterday.
- A strong emotional reaction to an event means you have to heal from that.
- The word of God heals.
- If Jesus had to grow up, how much more you and I?
- When considering what women want, women share that they want...
  - Men with good hygiene
  - Men who are intentional
  - Men who can carry conversations
- When considering what men want, men share that they want...
  - Ladies who are intentional about her body
  - Ladies who are inviting and not guarded
  - Ladies who are emotionally consistent

Activity:

Give your groups 5 minutes to write down a practical next step from today's discussion.

## Prayer Requests

- Ask your group members to share any prayer requests they have.
- Pray and close out your group.

## Reminders

- Be sure to take attendance today!
- Continue to add and accept people to your group.
- Announcements:
  - Growth Track Step 3 is this Sunday!
  - Register your free seats for Catalyst on February 23rd!  
<https://theunionchurch.com/events>
  - Marriage Night is March 15th! Register your seats!  
<https://theunionchurch.com/events>